



Wellness Solutions

Take Control of your Health



## Macular Degeneration

Dr. Larry Lytle

Macular degeneration is the leading cause of blindness in the America. It is also referred to as Age Related Macular Degeneration because it affects 30% of people over 60 years of age and by 80 an astounding 90% have some degree of macular degeneration. There are two types of macular degeneration, wet and dry. The wet type is less common and involves bursting of tiny capillaries in the retina.

The dry type can begin as early as middle age with what is called drusen. Drusen occur when cells lying underneath the retina develop hyaline or fatty deposits. Neither Ophthalmologists nor Optometrists have anything that cures the dry type, however they do recommend a combination of vitamins and herbs. Two common supplements are Ocuvite, by Bausch & Lomb, available over the counter in most drug stores, and Viteyes, made by Vitamins Health Inc, Mobridge, SD. Both contain the antioxidants Vitamins A, C and E, as well as, Zinc and Copper. Viteyes also contains the herb Lutein, known to be beneficial for the eyes. No claims are made that these supplements cure macular degeneration but they slow it down and may prevent this crippling aging problem.

Research done in the 1980s by Dr. Leland Michael shows dry macular degeneration can be treated by applying specific frequencies to acupoints around the eye with a micro or bio current stimulation unit. Dr. Michael was able to get two or three lines improvement on the Snellen chart, the big E eye chart, in just six months.

Today it is known that low level lasers are a better way of delivering frequency than skin induced micro current devices. Since I am a Low Level Laser Consultant and have drusen, the beginning of Age Related Macular Degeneration, I have designed a One of One Study on myself. I have programmed the frequencies used by Dr Michael's microstim unit into the Q1000 and a prototype 660 Enhancer laser. At my examination March 1, 2006 both eyes with maximum correction were 20/30 To test the two lasers against each other, I apply the Macular Degeneration mode of the Q1000 for one cycle over the right eye and apply the same mode programmed into 660 Enhancer for 30 seconds on each of eight acupoints around the left eye. I apply the lasers every other day for one week then twice a week for three weeks and then weekly for eight weeks at which time I will re-test my eyes on the Snellen chart. By using two separate totally safe laser instruments, one resonating and one stimulating, this study will show which is more beneficial or if they are beneficial at all.

To sum it up, if electrical micro current or biocurent is effective, low level lasers should be equally or more effective for Age Related Macular Degeneration, especially if the laser is used early-on as a preventive procedure. I invite you to join me and do your own One of One Study. Why wait until you are blind?

For more information contact

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