



## **Low Level Laser Therapy & Back & Neck Pain**

### **Back & Neck Pain**

#### ***Beth Ware, Rapid City, SD***

Everyday for the past 16 years I have fought and lived with chronic lower back pain. I have tried everything from massages to physical therapy, yoga, chiropractic care, shots and acupuncture. The only thing I found that would only ease the pain was harmful pain killers, stretching and the Q1000. Recently my 10 year old son gave me an article he found in a magazine about acupressure to stop back pain. He's always worried about my back because it limits me in so many ways. Since I'd had acupuncture treatments before with no results, I wasn't very receptive. One day the pain was so intense, I decided to try lasering the acupuncture points listed in the article with the 808 Enhancer (between the upper lip and nose, between the inner anklebone and Achilles tendon, and when making a fist, at the point near the pinky where the skin folds and bulges). I used the full three minute cycle on three different acupuncture points. Within minutes after treatment my pain was completely, 100% gone! I was pain free for the rest of the day! Yesterday my kids wanted to go skiing. My back pain was so severe I didn't think I would be able to take them. I tried the treatment again and not only was I able to take the kids; I skied with them all day with zero pain! I thought I was going to have to live with that pain for the rest of my life. Needless to say, I'm extremely elated and thankful for my little boys' persistence and the Q1000/808 Enhancer combination.

#### ***Dr. P.K., Alabama***

Lower Back Pain. I bought a Pro-Pack only a week ago and have already seen wonderful results on lower back pain, migraine headaches, and carpal tunnel.

## ***Calvin Rasmussen, Los Molinos, CA***

After receiving my Q1000 I began using it to quiet the pain in my wrist and thumb joints, of course it did not cure the arthritis, but afterwards I had long hours of pain free use of my hand.

I have one of those necks that make a grinding sound when turned from side to side with some pain in the adjacent muscles. I found that the condition could be relieved by the use of the Q1000 directly on the center of the neck. By using the enhancer on the acupoints on each side of the spine, the effect lasted longer.

I came back from a trip with a bronchiole condition and was treating it with medications. About that time, the fires started here in CA and the smoke and ash were thick in my area. The congestion in my system was not clearing up. I used the Q1000 on my lungs and bronchiole tube which I believe started a clearing process that loosened up the phlegm so I could cough it out. The process was slow but it did clear up.

I have a continuing anemic condition. In August '07 my hemoglobin number had dropped to 8.8 and I was not getting around very well. My medical team got me a transfusion of three units of blood to keep me going. Tests of my bone marrow showed that I had lymphoma, a form of blood cancer. I underwent Rituxan infusion therapy which in 30 days brought my H. number up to 11.7. By May '08 it had dropped back to 10.8. I hid from my medical team and began using the Q1000 on my pelvic bones in hopes that would activate the production of red blood cells. By June '08 my H. number was back up to 11.0 and in July '08 it is up to 11.6 - which is very encouraging. I will continue with the Q1000 treatments and share my success with my medical team.

Another of my maladies is squamous cell carcinoma, small scaly growths. After having one removed surgically, I have been working on them with the Q1000. I cannot say that the laser kills the cancer (Note from Dr. Lytle: it does not kill the cancer, but rather helps the body's immune system overcome the cancer naturally.) but the growths shrink and the scaly tops fall off, leaving only a reminder of what was there - or nothing at all.

I will continue to enjoy my new healing tool and share it with those around me who are willing to grasp something that you cannot hold, chew or swallow. It is sort of like offering the Gospel, some people have trouble accepting the intangible and all that it promises.

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