



Low Level Laser Therapy & Migraine testimonial & clinical research

Migraines

Steven Hecht, DC

My wife had migraine headaches for thirty years. Being a chiropractor, we had tried every sort of natural approach we could find to beat the headaches. Nevertheless, she had to eat every two hours to keep her blood sugar stable, and needed to take four ibuprofen capsules every night before bed in order to keep the headache at bay. After starting the laser and receiving the bite tabs, within 2-3 weeks she became free of migraine headaches and does not need to eat every two hours or take ibuprofen anymore. We used Mode 2 for the headache, Mode 1 for the muscular tension at the occipital, and Mode 3 for the pancreas. I'm sure the bite tabs helped quite a lot as well.

S.L., Oregon

Following heart surgery, my husband began experiencing severe headaches which the doctor said was caused by a condition called arteritis (inflammation of the arteries in the head). The prescribed medication took about one hour to stop the terrible pain. The last time he had one of these headaches, we used the laser on his head. The pain was GONE in less than two minutes! This machine is wonderful! We are so relieved to have this machine if for nothing else but to relieve his headaches; however, it eliminated my arthritis pain and his sciatic nerve problem as well.

Non-pharmacological approaches to chronic headaches: transcutaneous electrical nerve stimulation, laser therapy and acupuncture in transformed migraine treatment. *Neurological Sciences*. 2003; 24, Suppl 2. Allais G, De Lorenzo C, Quirico P E, Lupi-G et al. In an open, randomized trial, we evaluated transcutaneous electrical nerve stimulation (TENS), infrared laser therapy and acupuncture in the treatment of transformed migraine, over a 4-month period free of prophylactic drugs. Sixty women suffering from transformed migraine were assigned, after a one month run-in period, to three different treatments: TENS (Group T; n=20), infrared laser therapy (Group L; n =20) or acupuncture (Group A; n=20). In each group the patients underwent ten sessions of treatment and monthly control visits. In Group T patients were treated for two weeks (5 days/week) simultaneously with three TENS units with different stimulation parameters (I: pulse rate = 80 Hz, pulse width = 120 micros; II: 120 Hz, 90 micros; III: 4 Hz, 200 micros). In Group L an infrared diode laser (27 mW, 904 nm) was applied every other day on tender scalp spots. In Group A acupuncture was carried out twice a week in the first two weeks and weekly in the next 6 weeks. A basic formula (LR3, SP6, LI4, GB20, GV20 and Ex-HN5) was always employed; additional points were selected according to each patient's symptomatology. The number of days with headache per month significantly decreased during treatment in all groups. The response in the groups differed over time, probably due to the different timing of applications of the three methods. TENS, laser therapy and acupuncture proved to be effective in reducing the frequency of headache attacks. Acupuncture showed the best effectiveness over time.

[N Y State Dent J](#). 2002 Jun-Jul;68(6):24-6.

Migraine, tension-type headache and facial pain. A common intraoral etiology and treatment.

[Friedman MH](#).

A maxillary alveolar mucosal inflammation, demonstrated by local tenderness and increased temperature, is present in migraine, tension-type headache and facial pain patients even when the patient is asymptomatic. Research is presented showing effective treatment of these conditions with fewer side effects than with standard medication by local anti-inflammatory methods. These alternative methods include: chilling, application of anti-inflammatory gel and low-level (non-cutting) laser. Local treatment also mediates cervical muscle spasm, adding to its overall effectiveness.

Qlaser Wellness Solutions
Michael F. Lagana, President
708 Route 35 N., Neptune, NJ 07753
732 866-4226
Michael@Qlaserws.com